

# BEYOND SUNDAY

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## CATHOLIC RESOURCES FOR EVERYONE

INTRODUCING A NEW WAY TO FIND RECOMMENDED AND VETTED CATHOLIC CONTENT. WE WILL BE EXPLORING ALL KINDS OF MEDIA AND OFFERING A FEW SUGGESTIONS THAT YOU CAN CHOOSE FROM RIGHT HERE IN OUR BULLETIN.

WE WILL BE BRINGING YOU CATHOLIC RESOURCES FROM VARIOUS MEDIA GENRES: WEBSITES, SMART PHONE APPS, BOOKS, MOVIES, YOUTUBE SEMINARS AND SHOWS – EVEN FACEBOOK PAGES TO CHECK OUT!

WE WILL BE OFFERING TIMELY SEASONAL INFORMATION SUCH AS ADVENT REFLECTIONS THAT YOU CAN ENJOY EVERY DAY.

### ***ADVENT RECOMMENDATION***

**BISHOP ROBERT BARRON** (Auxiliary Bishop of L.A. in Santa Barbara) has a free Advent Reflection you can receive every day in Advent. Two ways are available: sign up for a [Daily email](#) or go to his [Facebook page](#)  
Go To:

[www.adventreflections.com](http://www.adventreflections.com)

[www.facebook.com/BishopRobertBarron/](https://www.facebook.com/BishopRobertBarron/)

If you like Bishop Barron, he has a ton of stuff out there-just Google him!

### ***CHECK OUT THIS CATHOLIC APP FOR YOUR SMART PHONE***



#### ***Laudate - #1 Free Catholic App for iPhone and Android Phone***

*Laudate* combines a large number of *Catholic* religious resources into a single *app*, giving you instant access to everything you could need. While it won't replace the company and guidance of your Parish Priest, it will provide a range of tools for praying at home, suggestions for daily readings and more.

Go To: [Apple Apps Store](#), [Google Play](#), or wherever you get your android apps.  
Just Google Laudate for downloads for your computers.

## **ANOTHER OPTION:**

The Pray More Retreat is an online retreat to help you spend more time in prayer this Advent to prepare to celebrate the birth of our Lord, Jesus Christ.

### **If you sign up for the retreat, you will receive:**

- + 20 Video & Audio Presentations with Transcripts, and
- + 20 Reflective Study Guides - one for each talk

We know how busy you are :)

That's why the retreat is self-paced; that means you can watch, listen or read the presentations whenever you have the time to do it.

We hope the [Pray More Retreat](http://praymoreretreat.com/) will help you intentionally work on your prayer life this Advent — wherever you are, and whenever you have the time.

**The talks are focused on prayer, the Advent & Christmas seasons, and lessons we can learn from some of the most popular saints.**

### **Here are some of the topics:**

- + Discovering the Joy in Advent
- + Six Ways to Keep Your Advent Season Holy
- + The Lifelong Journey of Holiness
- + St. John Paul II and the Holy Eucharist
- + How St. Therese of Lisieux Teaches us to Live Simply with Great Love
- + What the "Our Father" Teaches Us About Prayer
- + St. Ignatius of Loyola's Process of Reflecting on the Gospels
- + Living as a Redeemed People in a Broken World
- + Isaiah, the Prophet of Christmas
- + "Was it Not Necessary?" (Jesus's Suffering, and Ours)
- + Turning to Mary during Advent

St. John Paul II said that the Liturgy of Advent helps us to understand fully the value and meaning of the mystery of Christmas. He said, "Advent is, so to speak, an intense training that directs us decisively toward him who already came, who will come, and who comes continuously."

We hope the retreat will help you to slow down during this Advent season and truly prepare to celebrate the coming of Jesus Christ at Christmas.

**You can register for the retreat here:**

<http://praymoreretreat.com/>